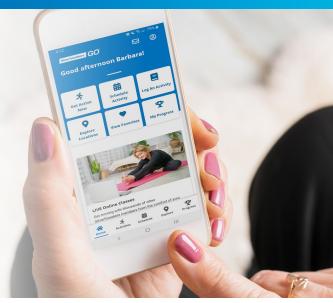
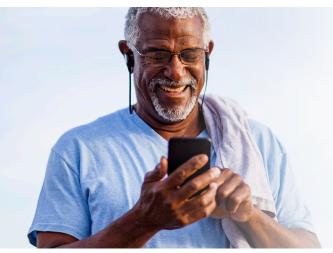
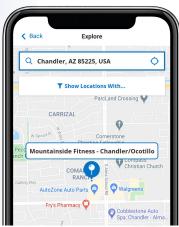
Getting active just got easier with SilverSneakers® GO, your one-stop shop for SilverSneakers









Reach your goals with the accountability you've always wanted.



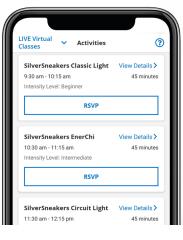
Find everything you need in one place: your member ID, SilverSneakers locations and more!

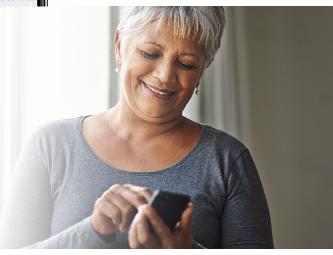


Access a library of on-demand workout programs and videos.



Schedule live online classes straight from the app.





Download the SilverSneakers GO app today.





SilverSneakers.com/GO

Questions? Contact us 888-881-7776 Support@SilverSneakers.com





HELP LOVED ONES WITH COLLEGE TUITION

Sign up for Tuition Rewards through SilverSneakers.

As a SilverSneakers® member, you know more participating location visits add up to better health. Now those visits can also add up to college tuition savings for designated students, thanks to our partnership with SAGE Scholars, creators of the Tuition Rewards® program.

How Tuition Rewards works

- Attend SilverSneakers LIVE™ online classes and workshops* and visit SilverSneakers participating locations¹ for a combined total of seven times in one month to accumulate Tuition Rewards Points for students that you designate (from birth to the beginning of their senior year of high school).
- You'll get 1,000 Tuition Rewards Points when you sign up for the program. Then each month that you visit any participating location seven times, you'll earn 250 points.
- Each Tuition Rewards Point equals \$1.00 in tuition discounts at more than 400 colleges and universities.
- Rewards points will show up in your account within 60 days of visiting a participating location.
- If you already have a Tuition Rewards account, you earn additional points through the SilverSneakers partnership.

About Tuition Rewards

• Tuition Rewards Points are redeemed in equal installments during the four years of college and are good for up to one full year of tuition discounts at participating colleges and universities.

Start earning points now. Learn more and sign up at the website listed below.

SilverSneakers.TuitionRewards.com

Questions? Call **1-877-210-1307.**





*Valid through December 31, 2023

1. Participating locations ("PL") are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities is limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.

Tuition Rewards® are NOT awarded in cash. If all requirements have been met, by submitting the Tuition Rewards, you are guaranteeing that the student will be awarded scholarships, grants, or other awards at least equal to the amount of points submitted. Eligible students include children, grandchildren and other students in your extended family who have not yet started 11th grade. Tuition Rewards that you earn must be transferred to / allocated to a student prior to August 31st of the year that the student begins 12th grade. A student's Tuition Rewards must be submitted within ten (10) days of application to any participating college or university. Students must be admitted to participating colleges based upon standard admissions criteria. All program requirements, including deadlines and procedures, can be found in the Terms of Service at tuitionrewards.com.

Tuition Rewards points take 60 days to be reflected in your account once your monthly visit requirement is met. You will receive 1,000 points immediately upon registering for your Tuition Rewards accounts. For the month you meet the requirement to visit a participating location at least seven times you will receive the 250 points for that month after 60 days. This schedule is repeated for every month you meet the seven-visit requirement.

IMPORTANT INFORMATION

The SAGE Scholars Tuition Rewards program is offered and administered by an independent service provider, SAGE Scholars, Inc. SAGE Scholars, Inc. is not owned or operated by Tivity Health, Inc. or its affiliates.

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With SilverSneakers, you're free to move

IN THE GYM & YOUR COMMUNITY



Nationwide Network & Reciprocity

Access thousands of participating locations nationwide¹ - enroll in as many as you like, at any time



Signature SilverSneakers classes

Enjoy classes designed by SilverSneakers instructors to meet a wide range of skill levels, interests and abilities



Social Connection

Be part of a local and national community of millions of adults who are staying active and living longer, healthier, happier lives

AT HOME OR ON THE GO



SilverSneakers LIVE

Join online classes for all levels & abilities, led by specially trained instructors 7 days a week



SilverSneakers On-Demand

Get hundreds of workout videos and workshops that you can view as often as you like



SilverSneakers GO mobile app

Download the perfect on-the-go companion that offers personalized resources, adjustable workout plans and more

Get Started by creating your FREE online member account at SilverSneakers.com

Easily access your 16-digit Member ID, find fitness locations near you, join SilverSneakers LIVE classes, and so much more!





